

# Trip Details

## What to Bring

**Clothing for rafting:** bathing suit or nylon shorts, polypropylene or nylon shirt or jacket, sunscreen. DO NOT WEAR ANY COTTON ON THE RIVER. You MUST wear some type of foot wear (Tevaz or old sneakers, NO FLIP FLOPS!) Each student will be allowed only 1 bag so pack smart, pack light!

**Other clothing:** pajamas, shorts, pants, t-shirts, tank tops, sweatshirts, under garments, socks, and jacket. Bring flip flops or sandals for the bath houses. Evenings can get chilly in Maine, so don't forget to bring some warm stuff. You want enough clothing for 1 night and 2 days.

**Toiletries/accessories:** shampoo/conditioner, body soap, deodorant, tooth brush/ tooth paste, bath towel. Recommended, small flashlight and watch. We HIGHLY recommend bug repellent. Cameras are optional but not allowed on the river. Medications must be checked into Amy upon departure from Town Hall.

**Bunk house lodging:** lodging DOES include linens so please bring only your own pillow to save room! We will be learning some camping cooking!

## Bring Extra Money For...

- 1) lunch on August 12th on the way to Maine. We will stop somewhere.
- 2) Dinner on August 13th on the way home. We will stop somewhere.
- 3) Optional wetsuit rental (\$15)
- 4) Optional splash jacket rental (\$5)

## Food Included

If a student would like to bring their own food that is ok but cooler space may not be available. Please notify Amy of any food allergies. Bottled water will be available.

**Wednesday Dinner:** We will be cooking camp dinner! Burritos and a side dish like corn or grilled veggies. We will learn how to make dessert.

**Thursday Breakfast:** Bagels with cream cheese or butter, granola bars and bananas

**Thursday Lunch:** Roast chicken, salad, veggies and chili  
(provided by US Rafting, subject to change)

## Safety and Chaperones

**Rafting safety:** every rafter is required to wear a life jacket. Each raft will have its own guide on the raft and a safety kayak will accompany the group.

**Chaperones:** North Reading Youth Services Director Amy Luckiewicz will accompany the trip along with Rob Dunn. Rob is an outdoor guide and middle school science teacher/

## Schedule

### Wednesday

11:00am	Depart North Reading Town Hall
2:00pm	Stop for light lunch (bring extra money)
4:30-5:30pm	Approximate arrival at bunkhouse. Unpack and prep dinner.
6:00-7:00pm	Dinner and clean up
7:00-8:00pm	Bon fire, s'mores and games
9:30pm	Prep for bed. Long day tomorrow so get your clothing ready.

### Thursday

7:30am	Wake, shower, breakfast. Pack bags and have them ready to load into van.
9:15am	Sign in. This is when we can rent wetsuit materials (optional). We must check out of the bunk before the trip starts. Safety briefing followed by a bus ride to the raft entry point.
10:00am	Into the water!
2:30-3:00pm	Return to main base. Company will show a photo and video show. Lunch provided by US Rafting.
4:00-4:30pm	Post trip activities, pack up the van.
5:00pm	Depart for North Reading
7:00pm	Stop for light dinner on the way home.
10:00-10:30pm	Approximate arrival time back to North Reading Town Hall.

Please note that cell phone reception can often be unreliable in northern Maine. We will encourage students to test or call into home throughout the trip.

Amy's cell phone is 781.588.0257

US Rafting 207.323.3052

Thanks to Reading Co-operative Bank and private gifts for donating funds to subsidize the trip!